

# Coastal News

COASTAL ASSOCIATION OF HEALTH UNDERWRITERS

January 2008

## President's Message

*Connette Bradley*



**H**appy New Year! As we continue to promote better health, we are pleased to have Carlos Lorberfield presenting "Living a Healthy Life and Loving It" for our January 24th program. We'll learn some of the newest disease prevention, nutrition, and exercise information—right after we finish our big buffet meal! We also want to collect those little hotel lotions, shampoos, and conditioners and deliver them to our local Domestic Violence Shelter.

Coastal is kicking off Insurance Awareness Month Thursday, January 31st, sponsoring a both at the Greater Wilmington Chamber of Commerce Mega Business After Hours Mini-Trade Show at the Coastline Convention Center, 5:30pm—7:30pm. Several local members will be available to share out Public Service Projects and NAHU's mission with Chamber attendees. We are also working out details for a special CAHU meeting in Greenville on February 21st. Four of our members are preparing for Cap Conference, and Mark Waugh is continuing to select his local

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## Programs - 4th Thursday, Each Month, 11:45am—Wilson's

*Barbara Flemming*

### January 24, 2008 - "Living a healthy Life and Loving It!" (Carlos Lorberfield)

Want to learn more about the newest disease prevention, nutrition, and exercise? You won't want to miss this one! Be sure to bring a friend/ prospect. Call a member you haven't seen in awhile and encourage them to come.

### February 28, 2008 - "Prevention...the Wave of the Future" (Kristy Lowther—Program Manager, NC Prevention Partners Prevention 1st Challenge)

### March 27, 2008 - "Myths of a Single-Payer System" (Connette Bradley and Chris Shoffner)

NAHU's solution for our nation's health care problems. This is on the front burner of all politicians! Come hear what it's all about and voice your concerns to our Legislators!

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**NCAHU Symposium  
April 7-9, 2008**

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**Benton Convention Center  
Winston-Salem, NC**



## Hazards



Consumers should be aware of the following hazards when buying and using gas, wood, kerosene, and electric space heaters:

1. Fires and burns caused by contact with or close proximity to the flame, heating element, or hot surface area.
2. Fires and explosions caused by flammable fuels or defective wiring.
3. Indoor air pollution caused by improper venting or incomplete combustion of fuel-burning equipment.
4. Carbon monoxide poisoning caused by improper venting of fuel-burning equipment.

For more information go to <http://www.cpsc.gov/CPSCPUB/PUBS/463.html>.

## Christmas Party Photos

