

Coastal News

COASTAL ASSOCIATION OF HEALTH UNDERWRITERS

May 2008

President's Message

Connette Bradley



I certainly hope everyone had a wonderful holiday weekend including time to "catch up" with friends and family. We met Thursday for our last general membership meeting of the 2007-08 year. Our program, presented by Richard Banton, founder of The Happiness Institute, gave us tools for clearer self-analysis of our own happiness, also tools we can use in any relationship, as well as in sales.

We also presented two awards, our Spark Plug Award went to Evan Sherbine, Public Service Chairman, and our Member of the Year Award was given to Dennis Stokley, Awards Chair and Webmaster. These two positions require ongoing time and energy, and without Evan and Dennis, our organization would not run as smoothly. Congratulations and many thanks to Evan and Dennis!

Following our theme to "Ride the Waves to Better Health," we have provided programs from a cardiologist, insurance claims specialist, the Department of Insurance, a personal trainer and nutrition advisor, NC Prevention Partners, NAHU, a wellness coach, and a happiness coach/clinical social worker. And we were fortunate to have several meeting sponsors: United Health Care, Shenandoah Life, FutureLife, Inc and The Happiness Institute, HSA Bank, and Companion Life. We are grateful for their support.

Plans are underway for seven of our 2008-09 board members to attend our NCAHU Leadership Conference in Greensboro May 30-31. This training helps board members understand responsibilities of their positions, and gather ideas and input from participants across our state. Mark Waugh, president-elect, will begin transitioning into his new position for the 2008-09 year and his board will build next year's goals during this conference and several summer meetings.

Our board and additional volunteers accomplished much again this year, supporting Tileston Health Clinic with money and volunteers, training a group of visiting Russian insurance executives, supporting the National Heart Association and Juvenile Diabetes with walkers and donations, and the Domestic Violence Shelter with toiletries. and Phoenix Employment Ministry with 100% of proceeds from our Carolina basketball signed by Coach Roy Williams.

Thank you to all who participated in our activities, and our meetings, and worked to make our 2007-08 year a great success!

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Programs - Wilson's, 11:45 am, 4th Thursday/Month



Summer Break!

Programs will resume again on Thursday, September 25th!

We are working on an informative heart prevention program for the September meeting

Awards*Dennis Stokley*

In a little over 30 days, Connette Bradley, Nick Ogden, Mark Waugh and I will be travelling to San Diego to attend the NAHU National Convention and hope to bring home the 6th consecutive Pacesetter Award as well as our first ever Website Award. The awards criteria guide us to do the things we need to do as an organization.

Please take time to send in Letters to the Editor as the Presidential race begins to heat up. Take a look at the NAHU Website for suggestions with writing these letters or give me a call and we can discuss.

Legislative*Mark Waugh*

The State Day on the Hill was May 21st. Six Coastal members, Connette Bradley, Joyce Britt, Robert McIver, Hughes Ware, Mark Waugh, and Tim Walsh attended and had the opportunity to learn more about pending insurance legislation as well as the state and national candidates for office. Especially helpful was the question/answer session with Wayne Goodwin and John Odom, candidates for NCDOL Commissioner of Insurance as Jim Long retires in January 2009. We fortunately were able to speak to many of our Representatives about NCAHU concerns either at breakfast or in their offices. We were able to see Senator Julia Boseman from New Hanover County, Senator R. C. Soles from Brunswick Columbus, and Pender Counties, and Senator Joan Preston from Carteret. We also saw Representatives Daniel McComas, Carolyn Justice, and Sandra Spaulding Hughes.

Please note your calendar for next year's **Day on the Hill, March 3-4, 2009**. It's time well spent out of the office!

Membership*Joyce Britt*

We hit 100 members, and continue to send membership drive letters to agents in Wilmington and surrounding counties. If YOU know anyone in this business who is not a member, as them why and recruit!

Public Service*Evan Sherbine*

Thanks to our excellent Golf Committee, we maxed out our 11th Annual Charity Golf Tournament which was held on May 29th. We had 31 foursomes, 24 hole sponsors, 3 eagle sponsors, and numerous prizes! We would like to thank Charlie MacGrooders who donated lunches for our noon shotgun start. Tyson Borum brought a grill and as players came in, hamburgers and hot dogs provided by UnitedHealthcare were grilled onsite like an old-fashioned cookout, and prizes were presented at the end. We have already collected \$12,000 and brought in additional monies with our 50/50 raffle. Our goal is to give at least \$5,000 (1/2 of net proceeds) to Tileston Health Clinic. This our largest fund-raising event of the year.

Under Forty Council*Amanda Boelte*

Our Under Forty Council had its first social in May at The George Downtown overlooking the Cape Fear River. This was a social to help younger agents get to know one another. We also gave a prize to the "under forty" player with the longest drive at our Charity Golf Tournament. More socials to follow!

Newsletter Editor's Note: This may be the last Newsletter you will receive from me as I have taken on extra duties throughout the insurance industry, my church, and community. It has been a pleasure sending each of you E-mail communications and Newsletters over the past three years and I will truly miss it. Connette Bradley will be taking over these duties and know she will do a marvelous job. I will continue to be active in Coastal AHU and look forward to seeing each of you at the monthly meetings when they start back up in September. I look forward to Mark Waugh's strong leadership next year and working with the many wonderful benevolences Coastal AHU supports! Thank you for allowing me the opportunity to Chair this Committee. Best wishes to you all for a safe and happy summer! Exercise and eat healthy!

Robert S. McIver, Coastal AHU Communications Chair

Meeting Photos



Chris Shoffner talks about the Single-Payer System at the March 27th meeting.



Tim Walsh speaks with Jim Deese who was visiting with us.



Evan Sherbine receives the 2008 Spark Plug Award at the May meeting.



Dennis Stokley receives the 2008 Member of the Year Award at the May meeting.



2008 Cape Fear Heart Walk
Saturday, October 18, 2008
Wrightsville Beach Park/Loop

*Save
the
Date*

You're Invited!!!



WHAT: Heart Support Group Special Meeting (Open to ALL Coastal AHU Members)

WHEN: Tuesday, June 17th

WHERE: New Hanover Regional Medical Center—AHEC Room (1st Floor, left part of main building)

TIME: 7:00pm until 8:00pm

TOPIC: "Your Daily Dose—Exercise & Weight Management" **Presented by:** Cardiac Rehab Team

Did you know...tooth disease can cause heart disease? Don't forget to floss & have regular check-ups!

Bring a friend!



**In memory of Joeseeph R. Latham, Jr.
September 17, 1932 - April 22, 2008
Our dear friend & colleague**