

Coastal News

COASTAL ASSOCIATION OF HEALTH UNDERWRITERS

September 2007

President's Message

Connette Bradley



We recognized our Spark Plug recipient and our Member of the Year award winners during the May meeting. Nick Ogden presented the SparkPlug Award to Sherri Miller and the Member of the Year was awarded to Connette Bradley. Nick Ogden was presented during the annual convention in Denver the 5th consecutive Pacesetter award for our chapter. The 2007 Honor Council award was given to Tim Walsh, Hughes Waren and Nick Ogden at the State Leadership conference in July. Additionally this year, our chapter was awarded the Silver Seal Certificate by NAHU during the month of May 2007. Our members who received the LPRT award for this year will be recognized during our September 27th meeting.



Programs - Wilson's, 11:45 am, 4th Thursday/Month

Barbara Flemming

September 27, 2007 - American Heart Assoc—James "Rob" Harper, MD (Wilmington Cardiology)

Dr. Harper will speak to us about heart disease and ways to prevent this. Heart disease is all around us and the number of heart attacks is on the rise. We will also have nurses from Cardiac Rehab providing "Free" blood pressure checks, plus Blue Cross will be giving out pedometers. We will have a team walk in the 2007 AHA Heart Walk on October 20th. Dr. Harper is Co-Chair of this year's Heart Walk along with our very own, Robert McIver. **Come early to get a free blood pressure reading!**

October 25, 2007— Pat Pane - Medical Insurance Assistance

Ms. Pane works with individuals who experience problems with filing health and Medicare claims. She has been featured on numerous talk shows and has written numerous articles for Kiplinger's Financial Magazine. Come hear how we are doing from her perspective and pick up tips on how to improve our process.

November 15, 2007 (One week early) — Dept of Insurance—"2008 CE Requirement Changes"

Are you aware of the CE changes to take effect January 1, 2008? A LOT of changes are about to occur with CE hours, fees, mandated courses, exemptions, licenses, etc which will take effect January 1st! Since we cannot work with clients without being licensed, we felt it important to have Etta Maynard with the Dept of Insurance speak to us to be sure we understand what is about to occur.

Public Service*Evan Sherbine*American Heart
Association*Learn and Live®***HEART WALK®****Saturday, October 14th****Wrightsville Beach Loop****Walker Registration: 9:00 a.m.****Walk Begins: 10:00 a.m.****Lunch provided by Subway after the walk!****Proceeds benefit research by the
American Heart Association.**

Coastal Association of Health Underwriters will sponsor a team in this year's walk! Contact **Evan Sherbine**, evan_sherbine@uhc.com, to sign up or go directly to the American Heart Association Heart Walk Website, www.startcapefearnc.org. We need YOU! Ask your family and friends to join us! Our team goal is to raise

FACT: Heart Disease is the # 1 killer of Americans today!*(Information compiled 2004 by the American Heart Assoc)***CAHU.INFO****Coastal Association of Health Underwriters**